

PRAYER TO THE HOLY SPIRIT

Holy Spirit

*O, Holy Spirit, beloved of
my soul,... I adore You.*

*Enlighten me, guide me,
strengthen me, console me.*

*Tell me what I should do
... give me Your orders.*

*I promise to submit myself
to all that You desire of me
and to accept all that You
permit to happen to me.*

Let me only know Your will.



HOLY SPIRIT

The Holy Spirit is one of the three Divine Persons of the Trinity. He does not have a physical manifestation but one that dwells within, leading God's people to faith. Depicted as a Comforter or a Helper, He guides the faithful in the way of truth.

The Spirit acting in our lives produces positive results known as the Fruit of the Spirit. In Galatians 5:22, St. Paul informs us that "the fruit of the spirit is love, joy, peace, patience, endurance, kindness, generosity, faith, mildness and chastity".

In John's Gospel, Jesus tells His disciples, "I will ask the Father and he will give you another Paraclete - to be with you always; the Spirit of truth, whom the world cannot accept, since it neither sees him nor recognizes him; but you can recognize him because he remains with you and will be within you. This much have I told you while I was still with you; the Paraclete, the Holy Spirit whom the Father will

send in my name, will instruct you in everything, and remind you of all that I told you". The Holy Spirit is sent to make known to us all that God's Word reveals. Through the Holy Spirit, we are able to use the gifts God gives us to our highest ability. When we are open to the Spirit that dwells within us, we see the world more clearly and our choices and our decisions follow God's plan for our lives.

He brings us God's peace, He makes the Church grow and through the Holy Spirit, the Church is able to carry on the work of salvation.



❖ *Feast Day:* Pentecost, the seventh Sunday after Easter

❖ *Name Meaning:* "Counselor, Helper"